



Looking for a Cycling Challenge? Keen to ride one of the world's top 10 toughest one day cycling events?

Let the team at Cam's Cycle Coaching help you conquer the Peaks Challenge Falls Creek on Sunday 11 March 2018.



The time has come to secure your spot on Cam's 2018 Peaks Challenge Fall Creek crew, and it may be the last year we offer the complete package. The last four years Cam's Peaks Challenge crew have been highly successful in conquering the event, with 95% successfully achieving the 13 hour cut off and many earning the coveted sub 10 hour jersey. Your package can provide you with training rides to ensure you achieve your finishing goal, travel, accommodation and meals, making it easy to turn up and ride the day stress free.

Whether your goal is to finish under 13 hours, break the 10 hour mark or just beat your previous finish time, we're here to support you in achieving your goals. However - you need to act quickly and secure your place as the event regularly sells out.



Over the years our clients have told us:

- The organisation of the travel and accommodation made it so easy to concentrate on the event for the weekend, they just had to turn up
- Without the 5 months of structured training rides, they would have found it much more difficult to finish
- The preparation from training, to nutrition, made the ride one of their greatest physical and mental accomplishments

Testimonial - Rebecca Wilson, 2016

Having prepared for two Peaks Challenges (Falls Creek and Gold Coast 2016) through Cam's Cycle Coaching now, I can confidently say the CCC Peaks Program is unrivalled.

Cam's Peaks Program gave me the confidence of rolling up to the start line knowing there were no "firsts" ahead of me – I had exceeded both the distance and the elevation on many training rides, and had thoroughly tested my race gear and nutrition strategy. In addition to a program of outdoor Peaks training rides which completely obliterate your perceived limits, all CCC athletes have the added benefit of being able to train consistently throughout the year with the availability of a high class indoor training facility, all under the guidance of a highly experienced and professional team of coaches.

Further, training for Peaks with CCC gives you the one thing you cannot replicate by training alone – accountability. There's nothing quite as motivating as the knowledge that if you skip training, your CCC training buddies will still be out there conquering the hardest hills in South East Queensland without you.

In less than a year of training with CCC, I have seen an exponential improvement in my cycling strength, endurance, speed and descending skills, and have far exceeded my expectations at both Falls Creek and Gold Coast Peaks. For anyone who wants to improve their cycling performance in a fun, safe and supportive environment, I highly recommend Cam's Cycle Coaching.

More Feedback?

You can see and hear more of what our clients have to say about Cam's Peaks Challenge training – visit our website for [testimonials](#). See last years highlights video [HERE](#).



PACKAGES

To support you in achieving this major accomplishment Cam's has 3 exciting package options to choose from to achieve your personal Peaks Challenge FC goal. Each option is designed to improve the likelihood of you achieving your Peaks Challenge FC goal:

Option 1

Cam's Peaks Challenge FC Standard Package includes:

- 2018 Peaks Challenge Entry
- Return flights from Brisbane to Albury
- 3 nights accommodation
- Return rider and bike transport from Albury to Falls Creek
- Meals (3 breakfasts + 3 dinners)
- Cam's mechanic for weekend
- 2018 Cam's Limited Peak's Challenge Jersey
- 2018 Cam's Limited Peak's Challenge Shirt
- 25% off bike parts purchased before Peaks Challenge FC^
- Business Class for Bikes - Bike Transport

Option 2

Cam's Peaks Challenge FC Ride Package includes everything in option 1 plus:

- A minimum of 10 coached long rides with plenty of climbing to prepare you for the challenge

Option 3

Cam's Peaks Challenge FC Deluxe Package includes everything in option 2 plus:

- 5 month personalised individual training program to ensure you are at your personal peak for the challenge which includes:
 - Monthly training plan to meet your individual requirements
 - Regular 1 on 1 contact with Cameron



- Goal time calculation & ride day schedule
- Lactate test and report with up to date training zones

Your investment for each option is as follows:

Option 1 – Standard Package \$300 deposit required by 29 September**, **PLUS**

12 month members	\$1,900 upfront (or 6 x \$327/month Ezidebit payments)
6 month members	\$1,990 upfront (or 6 x \$342/month Ezidebit payments)
Non members	\$2,210 upfront (or 6 x \$379/month Ezidebit payments)
Returning Peaks Client	\$2,100 upfront (or 6 x \$360/month Ezidebit payments)

Option 2 – Ride Package \$300 deposit required by 29 September**, **PLUS**

12 month members	\$2,050 upfront (or 6 x \$352/month Ezidebit payments)
6 month members	\$2,160 upfront (or 6 x \$370/month Ezidebit payments)
Non members	\$2,400 upfront (or 6 x \$410/month Ezidebit payments)
Returning Peaks Client	\$2,280 upfront (or 6 x \$390/month Ezidebit payments)

Option 3 – Deluxe Package \$300 deposit required by 29 September** **PLUS**

12 month members	\$2,860 upfront (or 6 x \$487/month Ezidebit payments)
6 month members	\$2,950 upfront (or 6 x \$502/month Ezidebit payments)
Non members	\$3,300 upfront (or 6 x \$560/month Ezidebit payments)
Returning Peaks Client	\$3,050 upfront (or 6 x \$518/month Ezidebit payment)

All prices are inclusive of GST. This deposit is non-refundable**. Apologies AMEX can not be accepted for payment. Refer to the attached Cam's 2018 Peaks Challenge FC Information Guide for more details.



Cam's 2018 Peak's Challenge FC Information Guide

2018 PEAKS Challenge FC Package options:

	Option 1 – Standard Package	Option 2 – Ride Package	Option 3 – Deluxe Package
PEAKS CHALLENGE 2018 DEPOSIT	\$300 (payment required by 29 Sept)**		
EVENT ENTRY	✓	✓	✓
RETURN FLIGHT –BRISBANE - ALBURY	✓	✓	✓
SHARED ACCOMMODATION - 3 Nights	✓	✓	✓
BUS TRANSFERS, Albury– Falls Creek return	✓	✓	✓
MEALS (3 breakfasts + 3 dinners)	✓	✓	✓
BIKE TRANSPORT & MECHANIC ASSISTANCE	✓	✓	✓
Cam's PEAKS CHALLENGE LIMITED EDITION JERSEY	✓	✓	✓
Cam's PEAKS CHALLENGE LIMITED EDITION TEAM SHIRT	✓	✓	✓
Cam's EVENT INFO SESSION	✓	✓	✓
Cam's PEAKS TRAINING RIDES (MINIMUM 10 RIDES)		✓	✓
5 MONTH INDIVIDUAL TRAINING PLAN (in addition to scheduled rides) <ul style="list-style-type: none"> - Monthly training plan to meet your individual requirements - Regular meetings with Cameron - Goal time calculation & ride day schedule - Lactate test 			✓
25% off PRE PEAKS CHALLENGE BIKE PARTS^	✓	✓	✓
*UPFRONT COST *These prices are for 12 month members - refer to previous page for other categories	\$1,900	\$2,050	\$2,860
6 x MONTHLY PAYMENT OPTION EZIDEBIT INSTALMENTS (shown for 12 month member price listed above)	\$327 per month	\$352 per month	\$487 per month
Optional extras:			
Cam's PEAKS CHALLENGE LIMITED EDITION KNICKS	\$160		
* Booking group airfares ensures no excess baggage charges and bus connection * Excludes deposit (which is required for payment up front by 29 September 2017). ^ Conditions apply			



Supporter's package

RETURN FLIGHT –BRISBANE - ALBURY	✓
SHARED ACCOMMODATION - 3 Nights	✓
BUS TRANSPORT, Albury– Falls Creek return	✓
MEALS (3 breakfasts + 3 dinners)	✓
CAM'S LIMITED EDITION PEAKS TEAM SHIRT	✓
UPFRONT COST	\$1,250
6 x MONTHLY EZIDEBIT INSTALMENTS (TOTAL)	\$219 per month

FAQ's

What if I can't commit to pay the \$300 deposit to Cam's by 29 September 2017?

2018 Peaks Challenge FC entries opened in September and the event is expected to be a sell out. Cam's have a limited number of tickets reserved and they will be given on a first in first served basis. Your deposit will secure your entry. The package deposit is non-refundable. If you are unable to make your deposit in time, please talk to us about a payment plan. A fee increase may apply if you are unable to meet the payment schedule.

Why should you consider booking Group Flights?

Group bookings receive:

- Bonus baggage allowances
- Groups have more leeway, ie. flight guarantee, less risk of missing bus transfer
- Ease of group check in
- More options in general



What's the flight plan?

Group Flight times will be confirmed once we have the final numbers, however we will fly direct to Albury - reducing our time on the bus transfer to Falls Creek by almost half than a flight to Melbourne.

Proposed travel is:

Fly Friday morning to Albury for arrival by 11.30am. Falls Creek is between 2.5-3 hours by bus, including a stop for food.

Monday - Falls Creek return to Albury on the bus for a late afternoon flight home.

Special requirements may be able to be accommodated however additional costs may be involved so please discuss your needs with us.

Accommodation and Meals

Accommodation will be SHARED at [Altezza 1570](#): modern, high quality, self contained chalet apartments at Falls Creek.

Breakfast will be continental and provided at your apartment accommodation for the 3 mornings on the mountain.

Individual dinners will be provided at your apartment accommodation for the 3 evenings and will include a rice/pasta dish. Special needs requirements will be available on request eg. Gluten free, vegetarian, allergies etc.

What if I want to make my own way there?

If you are driving or wish to make your own way and accommodation at Falls Creek yet would like to participate in the 2018 Peaks Challenge FC with Cam's, we have the package below available.

Cam's NON TRAVEL RIDER PACK	12 MTH MEMBERS	6 MONTH MEMBERS	1 MONTH & NON-MEMBERS	RETURNING PEAKS CLIENTS
- EVENT INFO SEMINAR				
- Cam's LIMITED EDITION JERSEY				
- Cam's LIMITED EDITION SHIRT				
- Cam's PEAKS MINIMUM 10 RIDE PASS				
	\$500	\$520	\$540	\$530



What are the Cam's Training Sessions?

We will be arranging specific training sessions on designated weekends for different group levels. These may involve driving to a location away from Cam's to commence the ride. Package 2 & 3 includes a minimum 10 ride training pack, if purchasing package 1 the training rides are additional (see table below).

Cam's PEAKS MINIMUM 10 RIDE PASS	\$170 - 12 MONTH MEMBERS \$250 - MEMBERS \$330 - NON MEMBERS
Cam's PEAKS SINGLE TRAINING RIDE	\$20 - 12 MONTH MEMBERS \$30 - MEMBERS \$40 - NON MEMBERS

How can I pay?

We would appreciate up-front payment however payments can be split over 6 payments October, November, December, January, February & March. Each payment will need to be received by the 5th of the month. Please discuss your needs with the Cam's staff. Ezidebit fees apply.

Will there be a mechanic on hand?

Yes, we will be bringing a bike mechanic along who will assist with driving the vehicle transporting the bikes, assisting with unpacking bikes, able to provide your incidental mechanical needs and assisting with repacking your bikes for departure.

Will there be an option for personalised training programs only?

Yes, register your interest by emailing cameron@camscyclecoaching.com as a limited number will be available.

How do I join the Facebook Peaks Group?

Join and contribute to our Peaks Facebook group - <https://www.facebook.com/groups/562383410494183/>